Some Good Advice By a Woman to Her Housekeeping Sisters.

Successful housekeeping! How many of us fully realize the meaning of that term? As I take it, successful housekeeping does not consist merely in keeping the house scrupulously clean from garret to cellar, and the table always supplied with the choicest food; but in doing our work in the easiest and in that way which makes those about us in every way most comfortable. And todo this requires judgment, patience and much careful study and forethought. We have been deluged with advice about having a time, a While ironing, sitting to pare potatoes every step, then if any mistakes occur they are only mental ones; for instance, if a trip to the cellaris soon to be made I endeavor to think of everything that is to be taken, and everything that can be brought at that time, instead of running with or after one thing at a time in the hurried moment in which it happens to be thought of.

Try it, ladies, you have no idea what a help it is until you do try planning what you will do next, and just how in every particular; it is so much easier to revise it and correct it in our minds than with our feet. If you are forgetful, it is convenient to have a slate hanging in the kitchen on which you can note down many of the important little things which might otherwise not be thought of when it would be easiest to do them. On the other side of the slate you might keep a record of the names and dates of papers in which you saw recipes you wish to try, or any valuable hints; for one often sees such, and when we take many papers it is difficult to find what one wants without some clew; when full, copy into a little memorandum book, unless you have tried enough (and placed in your tested receipt book which every housekeeper should make for herself), to erase and make room for more. Speaking of planning, I presume none of you retire at night without seeing breakfast all on a line in your mental vision, it saves so much hurry and worry in the morning —ah! this worry, it is the bane of American women. Let us strive to always remember

"'Tis worry, not work, that kills."

Another one of the greatest aids in gin in time. It is certainly much betture to be punctual.

breakfast work is done and house in order (one room at least so you will not be embarrassed if a neighbor steps in), ings of certain farmers in Butler Counto arrange for dinner all that can be ty, Kansas, where distance from railgotten ready at that time; it is so much | road communication prevented them pleasanter to have it off one's mind at from marketing their corn at present once than to wonder all through the prices without loss. To avoid this, a forencen, "What shall I get for din-ner?" And, when possible, I set the together six thousand head of cattle, table at any leisure time, putting on and to these the corn is being fed dursalt, spoons, castor, everything that will not dry out or spoil from getting too warm or too cool, and that will not attract flies, though, I hope, many are using screens, they cost but little and. though they do not afford complete relief from the pests, they are a wonder- as much for it as it would have brought ful advantage. Another help, where the household is so fortunate as to have soon as the cattle are ready for shipa baby in it, is to arrange its nap with ment, they can be driven to the railreference to the dinner hour, if possible, having him asleep at that time; will doubtless command a good price, with a little care to form the habit a for beef has not fallen in value nearly healthy babe can generally be put to so much as grain during the past year. sleep an hour before dinner and sleep In fact, meats of all kinds have held till it is all over. Mine does-sometimes.

On ironing day I have adopted the plan suggested by a writer in a late paper, always to iron the finest, most tedious clothes first, for two very good reasons: first, we are fresh and have more strength and patience for them than when weary at the last, and, second, if we are hindered in any way so that anything must be hurried over, or shook out and left till another time, it will only be the coarse articles, which that it can not be sold in its natural ment. As to what pieces need ironing each one must be her own judge. I used to think that every article must be smooth and nice before putting away. and they do look nicer, but with my little ones around me now, with minds we will say that one good way to begin and bodies to be cared for as well as clothing, I find sheets wash-rags, flannels and coarse underwear can go withthe time thus gained to make a child happy, read a new paper or book, arrange some little surprise for "papa," or at least have time to compose myself and be calm and pleasant when he comes; I know we can not always do this, but let's do so whenever we can, remembering the r faces are very much like m rrors, giving us back a reflection of our own; but I want to say just here that when leaving things undone, or slightly done, let it not be anything that will endanger health. Everything cur no risk in that direction.

boards are scarce this is difficult, and if out-of-the-way places are chosen used by all members of the family. Such things as strings, waste-paper, ment. camphor, a few simple home med eines, a court-plaster, lantern, umbrella and numerous other things. should be where any one can place a hand on them without asking or searching for them. This can be done little tact and perseverance; and young mechanics getting their hair cut always be careful to have for Sunday, a priest who is a zealous the places for matches, ink, temperance advocate arrives to get lve and all poisonous articles signatures to a pledge of total abstifar out of the possible reach of little hands. None of these things are mere many a fellow from spending his which I have put in practice to aid me | Times. during years of house-work on a farm

And, now, if these rules are followed, thinking of your work in the pleasantest light possible, not looking upon it yard, and strangely enough, does not in its exactly assigned functions."—

se a drudgery, and striving ever to be sell in large quantities.

"strong, pure and patient," I think you will learn to make housekeeping, in the fullest sense of the word, a grand success .- Vesta Leroy, in Western Plowman.

CHEAP GRAIN.

An Example Which is Commended to Farmers Who Live Where Grain Does Not Pay for Transportation.

It is unfortunate that so many American farmers are not in a position and pleasantest manner to ourselves, to dispose of the products of their farms to the best advantage. No farmer can afford to raise corn and sell it at from ten to twenty-five cents a bushel, and yet thousands are compelled to accept such prices in conseplan and a place for everything; but all | quence of the pressing demands upon ve who have tried it know how utterly them for money at the time of gatherimpossible it is to keep our resolutions ing their crops. After harvest notes regarding the last two, especially where there are young children, or frequent must be paid, and all those who have nothing left over from last year's sales but I have found it a great saving of time and strength to plan by littles. must dispose of some kind of crop to meet the demands of their creditors or apples, nursing baby, etc., I keep thinking what I shall do next, planning new to a majority of farmers, and while they have been compelled to make great sacrifices year after year to meet the demands upon them, comparatively few are able to get rid of this incubus, which casts a cloud over their lives and all their operations. In the Western States, where the

farmer is compelled to haul his crops some distance to find a market, and then take whatever a local agent may choose to offer, he is likely to fare worse than in regions where there is some competition among buyers. But the farmer who is burdened with debts is a slave, and the sooner he breaks the bonds and asserts his freedom the better, even if he has to make some sacrifices in doing so. Of course we do not mean to say that a farmer should never run in debt, but he should avoid placing himself in a position where indebtedness will force him to make continual or annual sacrifices to meet interest or principal. If a man is so situated that he must sell corn for ten orfifteen cents a bushel to raise money to pay debts of any kind, he is certainly making great sacrifices to meet his obligations, and he had better lose all at once than continue to do this for any considerable number of years in succession.

But it may be said that no farmer should ever sell corn at such prices, because it is worth far more to feed hogs, sheep and cattle. This may be true, but the farmer must first obtain the animals named before he can feed them his surplus grain, and it is just here that the want of means annoys many a farmer most severely. He may see how he could make his corn worth fifty avoiding bustle and confusion is to be- cents a bushel by turning it into pork, beef or mutton, provided he was able ter to do a thing in season than out of to hold it and purchase the animals reseason, and if it must be done why not | quired to consume it; but not being do it-in time? Form this habit and it able to command the necessary capital, will soon become a sort of second na- he sells at a loss, while other farmers in better circumstances may make a I have found it easiest as soon as profit on their grain even at present low prices.

We notice a recent report of the dograin will not only be saved, but, by changing it into beef, the raiser will probably obtain twice or three times roads at a very trifling expense, and their own remarkably well during the recent depression in prices of most kinds of farm products.

The example of the Butler County farmers should be imitated by those of other counties in Kansas and elsewhere; not that all should try cattle, because such a move might tend to advance the price of steers and other young stock, but the feeding of grain on the farm to sheep, hogs, cattle, horses and poultry is the true way to state at a fair profit. Of course we can not undertake to advise individuals as to the best way to obtain the animals they may need in attempting to change their system of farming, but animals, and for no better reason than because some butcher or buver offers they will advance in value one hundred per cent. per annum, while the value of their food will not be twentyfive per cent. This hankering after a little ready cash which is not actually needed has been the ruin of many an industrious and otherwise competent farmer.-N. Y. Sun.

-In a recent issue of your paper, in and about the house should always writes a lady to the Boston Journal, I be so clean and fresh and pure as to in- noticed an account of an orange inside ar no risk in that direction.

As to a place for everything, have it or 1835, at the time "Honest John Daso if you can: where closets and cup- vis," of Worcester, was Governor of pliable than the sole; besides, it cover Massachusetts, he boarded at a boarding-house in Cambridge street, facing | ure of its own shape. The bones which some of the careless ones will not always put them there, so we think it At a ball given in honor of the Govbest to have boxes, pockets, hooks and closet-door catch-ails in convenient onade for the occasion, one lemon inplaces to keep those things which are side of another was found, and, as in the case of the orange, the inner lemon was perfect and about one-third the seissors, needles, thread, a good lini- size of the outer one. I doubt if I have ever cut a lemon since that I have not thought of this freak of nature, and the surprise and talk it occasioned at the ball, at which it was on exhibition.

-Every Saturday evening, when a in the most inconvenient house with a barber shop in Troy is crowded by nence. He thinks that he thus saves theories, but are a few of the plans week's wages in a spree. - Troy (N. Y.)

-Glass cloth is only twenty dollars a ly beautiful, and of the first importance

HOME AND FARM.

-Animals that are well wintered are half summered .- Prairie Farmer. -Wool is always in demand and our

country has never yet produced sufficient for home demands. -No field on the farm is so unfairly treated as that containing the orchard. The chief cause of orchards "running out" is an exhausted soil. -Rural New

-In purchasing a cow for butter and milk do not be carried away by the breeding of the animal, but see that she

has individual merit. — Toledo Blade. -Do not leave harness or saddles in close stables, or in barns where the odors and fumes which emanate from manure are present. Leather greatly absorbs the ammonia in these fumes and is soon ruined. - Exchange.

-In localities where buckwheat is largely grown farmers find it an excellent plan to feed the bran from it to milch cows. It is not fattening, but makes a large quantity of milk, more and better than the feed from wheat.— San Francisco Chronicle.

-Eggless Cake; One and a half teacupfuls of sugar, one teacupful of sour m lk, three teacupfuls (level) of sifted flour, one-half cupful of butter, one teaspoonful of soda, one-half teaspoonful each of cinnamon, grated nutmeg, one teacupful of raisins, chopped and well flavored .- Boston Globe.

-Meadows and pasture need refreshing with new seed as well as with manure at intervals. The seed should be sown with each dressing of compost. Repeated cutting and pasturing destroys some of it, and the thick, healthy sod is only kept up by occasional re-seeding.—Chicago Journal.

-The potato lot should be of rich mellow soil, and heavily fertilized on the surface, and, if possible the furrows should be partially filled with wellrotted manure; and if the ground be kept clean and mellow a good crop may be usually depended upon.

-Cheese tarts: Take the yolks of two tresh eggs, three dessert spoonfuls of cream, a speck of cayenne pepper, a heaping tablespoonful of grated Parmasan or English cheese and a little salt. Beat these ingredients to a smooth paste; have made some tart shells of puff paste, fill with the mixture and bake in a quick oven until a light brown color. - The Household.

-A writer in Colman's Rural World says that there has not been a better time in many years than this is for going into the wool-growing business. It is a truism scarcely necessary to remind you of, that the time to buy is when everybody wants to sell. No one need fear that wool-growing will go out of fashion in this country permanently, for it never will.

-Horses contract habits good and bad, as well as human animals. They become irritable, especially in cold weather. The bit should be warmed, or at least the frost taken out of it, before it is put in the mouth. A horse may be cured of holding the head high when the bridle is to be put on, by a lump of sugar in the hand. Give him a taste, and he will hold down. Rub it on the bit and he will soon become fixed in the habit of lowering his head for the bridle.—Prof. Hull, Towa.

THE HORSE'S FOOT.

Peculiar Construction of An Equine Hoof -The Coffin Joint.

The foundation upon which a horse stands has a far more important bearing upon his usefulness and value than men are inclined to admit. We therefore present a letter from a practical and experienced veterinarian, Dr. Joseph Hirsch, recently located at Fort Worth, Texas, upon "the horse's foot," which appeared in a recent issue of the Texas Live Stock Journal. A careful study of this subject will prepare the horseman for intelligent action when it becomes necessary to correct defects or diseases in the feet of the horse. The doctor says:

"The horns, claws, nails and hoofs of animals are all composed of material similar to hair, and they are often spoken of as built up of hairs firmly matted together. The same cell which forms the scaly epithelium, epidermis and hair is used in building up the horny structures.

"The hoof of the horse may be described according to its formation, in three distinct parts, called respectively the 'wall,' 'sole,' and 'frog.' Each division of the hoof is composed of horn, differing in texture at different parts. That which enters into the composition of the wall is denser than that of the other divisions, it is of a fibrous nature and the fibres taking a longitudinal direction from the coronet downward, and are endowed with an elasticity which fits them to embrace the complex structure, support weight and resist wear. The density of the horny fibres is greatest as they approach the surface of the wall, the other layers acting as a cuticular covering to defend the inner from external agencies, such as a dry atmosphere, excessive moisture, etc. The depth and strength of the wall are greatest at the toe. At the heel it is inflected inward, so as to form an internal wall. These inflections are named the bars. The sole is the next division of the hoof, and viewed in connection with the wall it may be regarded as the arched support of the foot. The frog is composed of horn of a fine, tough texture, more elastic and an exquisitely elastic organized struct enter into the construction of the foo should be understood with reference to these particular functions, to the re quired action of these solid parts; al other structures concerned in the lo comotive functions are made sub

"The bones of the limbs belong to two distinct orders as regards functions one of which, sustaining the weight, are acted upon and are the levers which give speed and all motion; the others are formed into projecting pulleys, buttresses, and also become levers in connection with the shafts alluded to in the first order, of which the cannon, pastern, coronary and pedal bone constitute those of the foot extremity in both fore and hind limbs, and of the latter there are two pairs and two single bones in each extremity, viz The navicular, the two sessamoids and the two splint bones, with the pisiforne in the tore and the calcis in the hind

during years of house-work off a faith where one pair of hands must do the work of laundress, dairymaid, house-maid, seamstress, nurse and cook, and I recapitulate: "Look ahead;" "Begin in time;" "Think before you step;" "Have all that you work with control of thing is that there are not many people in jail for trying to kill Chicago reporter has been sentenced to two years' imprisonment for an assault with intent to kill. This is very unusual, but a more remarkable thing is that there are not many people in jail for trying to kill Chicago reporter has been sentenced to two years' imprisonment for an assault with intent to kill. This is very unusual, but a more remarkable thing is that there are only three which come under our notice. These are first the coronet bone, the foot or coffin bone, and the navicular bone. By the connection of these the bone. By the connection of these the coffin joint is formed—a joint exquisite

Law Anecdote.

Charles Burton is one of the shrewdest lawyers in Galveston. He knows everybody in the city, and is such an excellent judge of human nature that he can infallibly predict what verdict a jury will bring in. Not long since a jury in a case failed to agree upon a verdict. There was every indication of

a hung jury.
"Gentlemen, I'll tell what we wil. Lawyer Burton always knows what kind of a verdict a jury is going to bring in. Let us send for him and ask him what our verdict will be."

The suggestion was adopted, and Burton said they were going to find a verdict for the plaintiff, which they did. The opposing attorney, however, heard of it, and the consequence was that a new trial was granted. - Texas Siftings.

-Maine ranks second in her sea and first in her river fisheries among the States in the Union. In her sea fisheries 11,971 persons are employed, and the value of the product last year was \$3,614.178. In river fishing 1,590 persons find employment, and they caught, in 1881, fish to the value of \$175,046.

DOCTORS FURIOUS. Shall a Physician Tell the Truth or Not? A Nice Point in Ethics.

A SENSIBLE HEALTH OFFICIAL. BALTIMORE, MD .- A decided stir has been caused here over the question as to the right of a physician to certify to the merits of a remedy not in the modern pharmacopœia. Dr. James A. Steuart, pharmacopæia. Dr. James A. Steuart, one of the most eminent physicians in the South and Health Commissioner of this city, had analyzed a newly-discovered article, and certified officially not only to its efficacy but to the fact that it replaced old-time preparations of a similar character which, analyses had proved, were adulterated and poisonous. The Medical and Chirurgical Faculty, of which he is a member, held that he had violated the code of medical ethics, and much public interest was aroused because of the confidence felt both in his professional standdence felt both in his professional stand-ing and official integrity.

It was argued that to thus place a limita-

tion on the acts of a physician, and espe-cially of a health officer, was opposed to the spirit of the age; that such reasoning might have been logical enough when it was to the interest of rulers or societies to invest themselves with a supernatural halo, but now when thought should be free and untrammeled, such things savored of barbarism. It was the duty of a physician, especially of a health officer, to condemn publicly any remedy which he knew to be injurious, but it was not right to say that he should be debarred from testifying to the merits of anything which he knew to be good. If this were so, the world would not receive the benefit of half the discoveries made in art or science. Thus the people argued, while the faculty threatened expulsion and talked of the timehonored customs, ethics, professional courtesy and traditions.

But the matter soon assumed a new and

surprising phase. A few days afterwards a certificate appeared in the daily papers bearing the autograph signatures of Gov-ernor McLane, Attorney-General Roberts, Mayor Latrobe, City Postmaster Adreon, Chiefs of State and Municipal departments, Judges and Clerks of Courts, Federal offi- . . Delicate diseases of either sex, cials and Congressmen, emphatically en-dorsing the action of the Health Commiscials and Congressmen, emphatically endorsing the action of the Health Commissioner, and codurring in his opinion as to the efficacy of the remedy, asserting that they did so from personal experience with it and practical tests and observations. There could be no gainsaying such evidence as this, but, as if to cap the climax, shortly afterwards there appeared another certificate with autograph signatures of leading practicing physicians from all parts of the State, including the physicians of all the leading hospitals, the physician to the City Fire Department, the Port physician receives a physician and recident physician and recident physicians. cian, vaccine physician and resident physicians of infirmaries, all endorsing the discovery and stating that it had been tested by them in hospitals and private practice for weeks with wonderful curative effect, and that analysis had shown no trace of opiates or poisons, prevalent in other cough mixtures. They further stated that they had been induced to take this step in view of the many hurtful preparations which contained nar-cotics and poisons and of the dangers con-sequent on their use. The remedy in question is Red Star Cough Cure. Such a

conclusive answer as this to the narrow arguments of the few, arrayed public sentiment on the side of the Health Com-

missioner, and it is significant that Dr.

Steuart has since been appointed to office by the Mayor for a third term, and has had his appointment unanimously confirmed by the City Council. Owing to the high professional reputa-Owing to the high professional reputa-tion of the gentlemen who endorsed his action, as well as to the enviable standing of the owners of the remedy, The Charles A. Vogeler Company, of this city, wide-spread interest has already been created in the subject, not only here but in Phila-delphia, Washington and other neighbor-ing cities. The feeling is generally ex-pressed by professional men that Red Star Cough Cure, on account of its freedom from narcotics and poisons, inaugurates a Cough Cure, on account of its freedom from narcotics and poisons, inaugurates a most desirable new departure in medicine. This is the pronounced opinion of authorities like Dr. Fawcett, who has been for thirty-three years resident physician of the Union Protestant Infirmary, in this city, and Prof. John J. Caldwell, M. D., member of medical societies of Baltimore, New York and Brooklyn, and with a long experience in civil and military hospitals. Both of these gentlemen, together with no less than fifty other practicing physicians of Maryland, have publicly put themselves on record as to the evil of narcotic medicines, and the consequent value and importance of the new discovery referred to. It is conceded that public opinion has completely vindicated Dr. Steuart in his action, and that in his whole course he was actuated simply

nity at large. 'A woman in Ohio gave \$1,000 to a faith-cure doctor, who at once disappeared. She was cured—of her faith.—N. Y. Tribune.

his whole course he was actuated simply by an earnest desire to benefit the commu-

THE MARKETS. New York Morch 9 1885

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dress, RURAL HOME Co., Rochester, N. Y.

-Charles Crocker, the San Francisco millionaire, when first locating his fine residence on California street, was anxious to buy one particular lot cutting into his grounds, which the owner refused to sell, in a very uncompli-mentary fashion. Mr. Crocker retali-ated by building a fence fifty feet high around three sides of the intruding lot. The fence is still pointed out to strangers as a curiosity in metes and bounds .- San Francisco Call.

A Boy in a rural spelling school sat down on a word of one syllable. It was probably patch.—N. Y. Tribune.

"Isn't that Mrs. Holmes? I thought the "Isn't that Mrs. Holmes? I thought the doctors gave her up. She looks well now."

"She is well. After the doctors gave up her case she tried Dr. Pierce's 'Favorite Prescription' and began to get better right away. I heard her say not long ago, that she hadn't felt so well in twenty years. She does her own work and says that life seems worth living, at last. 'Why,' said she, 'I feel as if I had been raised from the dead, almost.'" Thus do thousands attest the marvelous efficacy of this God-given remedy for female weakness, prolapsus, ulceration, leucorrhea morning sickness. ulceration, leucorrhœa morning sickness, weakness of stomach, tendency to cancerous disease, nervous prostration, general debility and kindred affections.

Warr a half a minute and tell us how a man can go down in an elevator.—N. Y.

COMPOSED of genuine French Grape Brandy, Extract of Smart-Weed and Jamaica Ginger, with Camphor Water, Dr. Pierce's Compound Extract of Smart-Weed excels as a remedy for colic, cholera morbus, diarrhea, dysentery or bloody-flux, or to break up colds, fevers or inflammatory attacks.

IF you can't marry a woman of sense, young man, marry a woman of dollars.— Philadelphia Call.

Buffalo, N. Y.

WHEN is a punctuation point intoxicated. When it is a full point. This joke was raised.—The Hatchet.

FOR THROAT DISEASES AND COUGHS .-Brown's Bronchial Troches, like all really good things, are frequently imitated. The genuine are sold only in boxes.

A COUPLE were photographed in front of Niagara the other day. "Pride goeth before a fall."—Life.

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RITERS.

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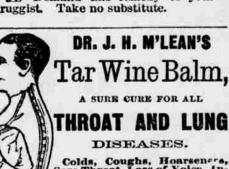
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